

THE THREE PEAKS CHALLENGE 2024
FINAL RESULTS - THE CHALLENGE

| Pos. | W | Race No. | Finisher | Age | Devil's Peak | Table Mountain | Lion's Head | Overall Time | Three Peaks Challenge Finishes |
|------|---|----------|--------------------------|-----|--------------|----------------|-------------|--------------|--------------------------------|
| 1 | 1 | 200 | Lisa Geffen | 34 | 02:05:16 | 2:30:49 | 1:36:03 | 6:12:08 | 1 |
| 2 | | 195 | Ridhaa Fakier | 36 | 01:56:35 | 2:35:28 | 1:43:13 | 6:15:16 | 5 |
| 3 | 2 | 186 | Naomi Brand | 35 | 02:05:16 | 2:36:27 | 1:52:29 | 6:34:12 | 2 |
| 4 | | 145 | Devin Paisley | 39 | 01:59:29 | 2:45:47 | 1:51:24 | 6:36:40 | 3 |
| 5 | | 139 | Petrus de Klerk | 42 | 02:05:16 | 2:44:05 | 1:50:37 | 6:39:58 | 6 |
| 6 | | 115 | Pete Calitz | 49 | 01:56:56 | 3:00:12 | 2:03:49 | 7:00:57 | 10 |
| 7 | | 185 | Heath Richard Hellenberg | 33 | 02:11:35 | 2:57:37 | 2:01:58 | 7:11:09 | 1 |
| 8 | | 175 | Malcolm Isaacs | 43 | 02:15:15 | 3:02:58 | 1:52:57 | 7:11:10 | 1 |
| 9 | | 187 | Xavier Briel | 35 | 02:14:32 | 2:59:20 | 2:01:28 | 7:15:20 | 3 |
| 10 | | 58 | Mark Vernon | 37 | 02:15:51 | 3:02:22 | 2:02:23 | 7:20:36 | 13 |
| 11 | 3 | 194 | Kristen Dunn | 27 | 02:16:48 | 3:04:12 | 2:00:15 | 7:21:15 | 1 |
| 12 | | 193 | Kyle Rorke | 30 | 02:21:30 | 2:58:03 | 2:11:22 | 7:30:55 | 1 |
| 13 | | 93 | Mike Els | 41 | 02:16:48 | 3:24:31 | 1:56:33 | 7:37:52 | 12 |
| 14 | | 147 | Musa Dliso | 35 | 02:23:09 | 3:19:01 | 2:09:15 | 7:51:25 | 3 |
| 15 | | 198 | Hendrik Coetzee | 30 | 01:58:53 | 3:49:57 | 2:08:53 | 7:57:43 | 1 |
| 16 | | 180 | Ryan Hodgskin | 47 | 02:31:52 | 3:27:43 | 2:04:35 | 8:04:10 | 1 |
| 17 | | 151 | Antonio Gambino | 30 | 02:31:52 | 3:25:30 | 2:07:33 | 8:04:55 | 5 |
| 18 | 4 | 165 | Caro Jordaan | 33 | 02:34:34 | 3:30:06 | 2:00:50 | 8:05:30 | 1 |
| 19 | | 189 | Riad Ahmed | 50 | 02:31:52 | 3:16:32 | 2:19:23 | 8:07:47 | 1 |
| 20 | 5 | 143 | Amri Williamson | 33 | 02:37:05 | 3:28:18 | 2:03:13 | 8:08:36 | 1 |
| 21 | | 167 | Paul Bragason | 34 | 02:25:42 | 3:26:49 | 2:20:51 | 8:13:22 | 1 |
| 22 | | 204 | Nick Peter Morling | 28 | 02:31:52 | 3:34:27 | 2:16:56 | 8:23:15 | 1 |
| 23 | 6 | 157 | Adele van Aswegen | 33 | 01:34:08 | 4:29:13 | 2:20:20 | 8:23:41 | 1 |
| 24 | | 161 | Yannick Moeller | 36 | 02:36:42 | 3:36:08 | 2:10:51 | 8:23:41 | 1 |

| Pos. | W | Race No. | Finisher | Age | Devil's Peak | Table Mountain | Lion's Head | Overall Time | Three Peaks Challenge Finishes |
|-------------|----------|-----------------|----------------------------|------------|---------------------|-----------------------|--------------------|---------------------|---------------------------------------|
| 25 | 7 | 118 | Philippa Law | 54 | 02:47:20 | 3:29:05 | 2:22:07 | 8:38:32 | 8 |
| 26 | | 181 | Michael Dimitri Coutlakis | 34 | 02:22:33 | 3:41:37 | 2:36:22 | 8:40:32 | 1 |
| 27 | | 156 | Tim Fortuin | 58 | 02:45:25 | 3:32:34 | 2:26:57 | 8:44:56 | 1 |
| 28 | | 210 | Wayne Hendrickse | 39 | 02:31:52 | 3:45:08 | 2:27:56 | 8:44:56 | 3 |
| 29 | | 104 | Paolo Israel | 50 | 02:33:04 | 4:01:08 | 2:20:36 | 8:54:48 | 9 |
| 30 | 8 | 205 | Lisa-Jo Austin | 40 | 02:55:39 | 3:31:41 | 2:31:35 | 8:58:55 | 1 |
| 31 | | 208 | Carl Ronander | 39 | 02:38:31 | 3:58:41 | 2:43:00 | 9:20:12 | 1 |
| 32 | | 110 | James Frazer | 55 | 01:56:56 | 4:36:55 | 2:54:12 | 9:28:03 | 9 |
| 33 | 9 | 170 | Rudean Breet | 49 | 02:47:20 | 4:02:40 | 2:38:03 | 9:28:03 | 3 |
| 34 | | 209 | Moenier Da Silva | 51 | 02:59:32 | 3:55:43 | 2:34:29 | 9:29:44 | 3 |
| 35 | | 146 | Justin Grundlingh | 38 | 03:14:11 | 4:01:09 | 2:27:40 | 9:43:00 | 1 |
| 36 | | 179 | Werner Blum | 43 | 02:42:27 | 4:13:19 | 2:51:26 | 9:47:12 | 2 |
| 37 | | 71 | Nicholas Wiltshire | 45 | 03:00:22 | 4:13:29 | 2:35:28 | 9:49:19 | 11 |
| 38 | | 213 | Ryan Cherry | 36 | 03:01:22 | 3:34:44 | 3:14:00 | 9:50:06 | 1 |
| 39 | | 152 | George Frederick Robertson | 48 | 02:53:58 | 4:17:12 | 2:46:45 | 9:57:55 | 3 |
| 40 | | 199 | Rafique Hoosain | 47 | 02:50:02 | 4:25:18 | 2:48:15 | 10:03:35 | 1 |
| 41 | | 160 | Felix Preusse | 36 | 03:14:11 | 4:51:19 | 2:00:09 | 10:05:39 | 1 |
| 42 | 10 | 164 | Lee-Ann Brooks | 42 | 03:10:48 | 4:14:17 | 2:45:28 | 10:10:33 | 1 |
| 43 | 11 | 144 | Tamsin Lovelock | 37 | 03:13:42 | 4:01:38 | 2:59:42 | 10:15:02 | 2 |
| 44 | | 131 | Ashraf Orrie | 56 | 03:12:51 | 4:15:34 | 2:46:54 | 10:15:19 | 9 |
| 45 | | 191 | Cassian Robbertze | 26 | 03:12:51 | 4:15:34 | 2:46:54 | 10:15:19 | 1 |
| 46 | | 192 | Ethan Leon Robbertze | 24 | 03:12:51 | 4:15:34 | 2:46:54 | 10:15:19 | 1 |
| 47 | 12 | 215 | Roldah Orrie | 59 | 03:09:31 | 4:15:34 | 2:50:14 | 10:15:19 | 5 |
| 48 | 13 | 171 | Elmarie Bezuidenhout | 42 | 03:05:59 | 4:22:26 | 2:50:41 | 10:19:06 | 4 |

| Pos. | W | Race No. | Finisher | Age | Devil's Peak | Table Mountain | Lion's Head | Overall Time | Three Peaks Challenge Finishes |
|------|----|----------|----------------------|-----|--------------|----------------|-------------|--------------|--------------------------------|
| 49 | | 206 | Zahir Kalam | 43 | 03:29:33 | 4:12:04 | 2:38:40 | 10:20:17 | 1 |
| 50 | | 183 | Johan Minnaar | 23 | 03:22:57 | 4:32:41 | 2:25:33 | 10:21:11 | 2 |
| 51 | | 138 | Pieter Botha | 35 | 03:01:22 | 4:13:58 | 3:07:36 | 10:22:56 | 7 |
| 52 | | 178 | William Barrett | 42 | 03:01:22 | 4:13:58 | 3:07:36 | 10:22:56 | 5 |
| 53 | 14 | 182 | Shannon Theron | 45 | 02:54:00 | 4:47:37 | 2:47:04 | 10:28:41 | 2 |
| 54 | | 168 | Jacques Dreyer | 39 | 02:39:16 | 4:36:57 | 3:16:13 | 10:32:26 | 3 |
| 55 | | 211 | Chris van der Schyff | 61 | 03:18:58 | 4:17:02 | 3:04:55 | 10:40:55 | 2 |
| 56 | 15 | 149 | Karen Carstens | 42 | 03:08:02 | 4:46:38 | 3:07:02 | 11:01:42 | 2 |
| 57 | | 184 | Adrian Werner | 36 | 03:14:11 | 4:54:57 | 2:53:17 | 11:02:25 | 1 |
| 58 | | 201 | John Calitz | 37 | 03:55:00 | 4:41:03 | 2:31:17 | 11:07:20 | 1 |
| 59 | | 153 | Scott Mclvor | 70 | 03:24:00 | 4:41:30 | 3:05:40 | 11:11:10 | 3 |
| 60 | | 190 | Ryan Collins | 30 | 02:46:26 | 4:54:28 | 3:31:56 | 11:12:50 | 1 |
| 61 | | 83 | Alistair Barge | 49 | 02:46:10 | 4:55:27 | 3:40:25 | 11:22:02 | 11 |
| 62 | | 172 | Rentius Engelbrecht | 40 | 03:55:00 | 4:41:03 | 2:49:34 | 11:25:37 | 1 |
| 63 | | 188 | Nicolas Cardenas | 37 | 03:18:10 | 4:37:28 | 3:48:58 | 11:44:36 | 5 |
| 64 | | 202 | Abdul Rawoot | 49 | 03:20:41 | 4:45:34 | 3:38:21 | 11:44:36 | 5 |
| 65 | | 142 | Quintin Combrink | 37 | 03:00:58 | 5:49:06 | 3:06:08 | 11:56:12 | 6 |
| 66 | | 203 | Nicholas Bester | 34 | 03:00:58 | 5:49:06 | 3:06:08 | 11:56:12 | 4 |
| 67 | | 96 | Nazeem Dollie | 52 | 03:11:25 | 5:20:35 | 3:26:18 | 11:58:18 | 12 |
| 68 | | 148 | Jonathan Coetzee | 32 | 03:24:00 | 5:28:55 | 3:13:36 | 12:06:31 | 5 |
| 69 | 16 | 123 | Rina van der Merwe | 52 | 03:51:08 | 5:09:48 | 3:11:49 | 12:12:45 | 9 |
| 70 | | 140 | Funani Mojono | 55 | 03:39:57 | 5:31:42 | 3:40:03 | 12:51:42 | 6 |
| 71 | | 197 | Saadiq Ungerer | 41 | 03:25:42 | 5:55:26 | 3:31:14 | 12:52:22 | 1 |
| 72 | 17 | 91 | Almyr Paulse | 45 | 03:45:47 | 5:44:13 | 3:30:45 | 13:00:45 | 9 |
| 73 | 18 | 196 | Zainu Ungerer | 43 | 03:49:27 | 5:49:44 | 3:34:53 | 13:14:04 | 4 |
| 74 | 19 | 212 | Mary-Anne Scholtz | 59 | 04:04:16 | 5:48:52 | 3:23:30 | 13:16:38 | 1 |
| | | 166 | Marié Minnaar | 25 | 03:52:07 | 7:08:51 | WD | WD | 0 |

| Pos. | W | Race No. | Finisher | Age | Devil's Peak | Table Mountain | Lion's Head | Overall Time | Three Peaks Challenge Finishes |
|------|---|----------|---------------------------------|-----|--------------|----------------|-------------|--------------|--------------------------------|
| | | 173 | Ampie Calitz | 39 | 03:55:00 | 6:43:44 | WD | WD | 0 |
| | | 177 | Josh Jackson | 39 | 04:02:13 | 5:43:55 | WD | WD | 0 |
| | | 214 | Heinrich Peter Andries | 51 | 03:18:58 | 5:41:58 | WD | WD | 1 |
| | | 80 | Gavin Schoeman | 53 | 04:58:52 | WD | WD | WD | 13 |
| | | 155 | Joe Van Rooyen | 58 | 03:13:42 | WD | WD | WD | 2 |
| | | 163 | Johannes Jacobus Haupt Minnaar | 53 | 03:55:00 | WD | WD | WD | 0 |
| | | 159 | Anna Wilhelmina Catherina Clark | 43 | 07:50:46 | WD | WD | WD | 0 |
| | | 216 | Etienne Meyer | 43 | 07:50:46 | WD | WD | WD | 0 |
| | | 207 | Nadia Petersen | 32 | WD | WD | WD | WD | 0 |

STARTERS & FINISHERS:

Starters: 84

Three Peaks Challenge Finishers: 74

Seven entrants earned permanent numbers by completing their fifth Three Peaks Challenge:

Ridhaa Fakier (143); Antonio Gambino (144); William Barrett (145), Roldah Orrie (146); Nicolas Cardenas (147); Abdul Rawoot (148); Jonathan Coetzee (149)

One entrant completed his tenth Three Peaks Challenge:

Pete Calitz

FINAL RESULTS - THE CLASSIC

| Pos. | W | Race No. | Finisher | Age | Overall Time | Three Peaks Classic Finishes |
|------|----|----------|-------------------|-----|--------------|------------------------------|
| 1 | | 254 | Matt Savage | 32 | 05:35:44 | 1 |
| 2 | 1 | 227 | Chantel Nienaber | 51 | 05:53:11 | 1 |
| 3 | 2 | 253 | Ridwana Babamia | 38 | 05:57:22 | 1 |
| 4 | | 258 | Ryno van Rooyen | 44 | 06:13:24 | 1 |
| 5 | | 256 | Calmin Valentino | 34 | 06:17:59 | 1 |
| 6 | 3 | 236 | Nicole Uys | 30 | 06:25:17 | 1 |
| 7 | | 237 | Phillip Uys | 31 | 06:25:17 | 1 |
| 8 | | 257 | Allen Metcalf | 31 | 06:25:17 | 1 |
| 9 | | 252 | Matthew Esteves | 29 | 06:34:12 | 1 |
| 10 | | 238 | Edwin Reed | 30 | 06:36:06 | 1 |
| 11 | | 244 | Gielmie Botha | 27 | 06:48:10 | 1 |
| 12 | | 127 | Johan Koortzen | 40 | 07:11:10 | 1 |
| 13 | 4 | 255 | Fazlin Martin | 43 | 07:11:10 | 1 |
| 14 | | 231 | Badr Bassadien | 42 | 07:20:05 | 1 |
| 15 | 5 | 234 | Cari van Coller | 27 | 07:33:18 | 1 |
| 16 | | 242 | Brendan Charlton | 42 | 07:33:18 | 1 |
| 17 | 6 | 247 | Tasneem Salie | 34 | 07:50:26 | 1 |
| 18 | | 225 | Daniel Lombard | 36 | 08:13:22 | 1 |
| 19 | | 239 | Anton Esterhuizen | 56 | 08:13:22 | 1 |
| 20 | | 229 | Wouter Vink | 39 | 08:18:19 | 1 |
| 21 | | 230 | Robert Vink | 71 | 08:18:19 | 1 |
| 22 | | 245 | Ebrahim Gasnola | 46 | 08:19:31 | 1 |
| 23 | | 250 | Jean-Rene Behm | 45 | 08:19:31 | 1 |
| 24 | 7 | 251 | Kim Boschoff | 38 | 08:19:31 | 1 |
| 25 | 8 | 235 | Sally Fraser | 27 | 08:40:32 | 1 |
| 26 | 9 | 248 | Fatima Rinquest | 51 | 09:13:02 | 1 |
| 27 | 10 | 249 | Inge Engelbrecht | 40 | 09:28:03 | 1 |
| 28 | | 243 | Ismail Isaacs | 53 | 09:45:30 | 1 |

| Pos. | W | Race No. | Finisher | Age | Overall Time | Three Peaks Classic Finishes |
|-------------|----------|-----------------|-----------------|------------|---------------------|-------------------------------------|
| 29 | 11 | 223 | Rugaya Edwards | 61 | 10:09:43 | 1 |
| 30 | 12 | 224 | Tasneem Du Toit | 46 | 10:09:43 | 1 |
| | | 228 | Asiphe Yakobi | 32 | WD | 0 |
| | | 240 | David Rodwell | 28 | WD | 0 |

STARTERS & FINISHERS:

Starters: 32

Three Peaks Classic Finishers: 30

FINAL RESULTS - THE CHILL RELAY

| Pos. | Team Name | Gender | Race No. | Finisher | Age | Devil's Peak | Table Mountain | Lion's Head | Overall Time | Chill Relay Finishes |
|------|--------------------|--------|----------|----------------------|-----|--------------|----------------|-------------|--------------|----------------------|
| 1 | Men's Legends Team | Men | 291 | AJ Calitz | 41 | 01:43:21 | | | 04:58:52 | 1 |
| | | | 289 | Matthew Clarke | 40 | | 02:06:31 | | | 1 |
| | | | 40 | Andrew Hagen | 41 | | | 1:09:00 | | 1 |
| 2 | Team Zlaant | Mixed | 275 | Quaniet Jakoet | 40 | 02:18:27 | | | 06:26:10 | 1 |
| | | | 264 | Nicholas Rupanga | 49 | | 2:17:03 | | | 1 |
| | | | 274 | Cailin Rae Whyte | 28 | | | 1:50:40 | | 1 |
| 3 | 3Peaking Trio | Female | 277 | Linda Doke | 55 | 02:31:52 | | | 07:16:13 | 1 |
| | | | 278 | Karoline Hanks | 53 | | 02:53:18 | | | 1 |
| | | | 23 | Sylvie Scherzinger | 53 | | | 01:51:03 | | 1 |
| 4 | Peaking Late | Mixed | 276 | Josh Nel | 30 | 02:31:52 | | | 07:28:25 | 1 |
| | | | 270 | Steven Sutton | 28 | | 02:25:43 | | | 1 |
| | | | 263 | Katya Krat | 29 | | | 02:30:50 | | 1 |
| 5 | Bamboo Spirit | Mixed | 288 | Jean-Pierre De Lange | 16 | 02:31:52 | | | 07:30:55 | 1 |
| | | | 286 | Sibongile Sam | 46 | | 02:47:54 | | | 1 |
| | | | 287 | Sangiwe Oliphant | 27 | | | 02:11:09 | | 1 |
| 6 | Peak-ie Blinders | Mixed | 282 | James Bellairs | 31 | 02:30:32 | | | 08:04:55 | 1 |
| | | | 283 | James Oosterbaan | 30 | | 03:00:18 | | | 1 |
| | | | 285 | Kashmira Pillay | 28 | | | 02:34:05 | | 1 |
| 7 | Blue North | Mixed | 271 | Solène Reed | 30 | 03:34:50 | | | 08:07:47 | 1 |
| | | | 272 | Eddie Vienings | 49 | | 03:04:00 | | | 1 |
| | | | 273 | Georgia Farrell | 24 | | | 01:28:57 | | 1 |
| 8 | The Sweepers | Mixed | 267 | Naomi Du Plessis | 36 | 03:17:27 | | | 08:23:15 | 1 |
| | | | 268 | Bianca van Aardt | 33 | | 03:09:43 | | | 1 |

| Pos. | Team Name | Gender | Race No. | Finisher | Age | Devil's Peak | Table Mountain | Lion's Head | Overall Time | Chill Relay Finishes | |
|------|-------------------|--------|----------|---------------------|-----|--------------|----------------|-------------|--------------|----------------------|---|
| | | | 269 | Matthew Schnetler | 37 | | | 01:56:05 | | 1 | |
| 9 | More like 3 weeks | Men | 280 | Zachary Christensen | 25 | 03:24:00 | | | 09:05:26 | 1 | |
| | | | 279 | Caleb Smit | 26 | | 03:40:43 | | | 1 | |
| | | | 284 | Pierre Issa | 25 | | | 02:00:43 | | | 1 |
| | | | | | | | | | | | |
| 10 | DGA | Men | 87 | Dale Williams | 57 | 03:17:00 | | | 09:45:30 | 1 | |
| | | | 88 | Gilad Stern | 73 | | 04:26:38 | | | 1 | |
| | | | 266 | Alon Stern | 40 | | | 02:01:52 | | | 1 |
| 11 | Peaky Climbers | Men | 281 | Marc Levitt | 28 | 03:00:22 | | | 09:49:19 | 1 | |
| | | | 265 | Chandler De Kock | 31 | | 04:13:29 | | | 1 | |
| | | | 98 | Rodney Stein | 59 | | | 02:35:28 | | | 1 |

STARTERS & FINISHERS:

Starters: 11 teams

Three Peaks Chill Relay Finishers: 11 teams

**THE SCHEDULED DATE FOR THREE PEAKS 2025 IS
SATURDAY 1 NOVEMBER.**